



# YEP Newsletter

## 06.16.2023

### The Latest at YEP

This week, YEP crews continued constructing a new overlook trail at University Lake Dog Park by placing weed mat and gravel down onto the cleared ground. In addition, we decommissioned a trail along the newly restored shoreline by covering the surface with eight inches of soil and planting spruce trees, alders, rose bushes, and other vegetation. We also constructed fencing to protect these new plants from off-trail foot traffic. This Friday, we will help set up for the Mayor's Marathon, visit the Anchorage Museum, and ride bikes along the Coastal Trail.



Written by Arielle Magana, Senior Crew Member





## Work Safety

- Always wear your hard hat, eye protection, and gloves when at work.
- Have soap and water on hand to keep hands clean in the case of treating an injury.

## Community Corner

Thank you to our sponsors National Fish and Wildlife Foundation and Fed-Ex for supporting YEP! This Wednesday, 14 Fed-Ex volunteers joined YEP crews in doing trail work at University Lake Dog Park.







## Crew Member of the Week



### **Ally Hitchings**

Ally's favorite tool is a pulaski. Ally is a vegetarian and likes to read in her free time. Ally's favorite part about YEP is getting exercise and being outdoors.



# Education and Recreation



Last Friday, we spent the morning receiving CPR and First Aid training from Hero for Life. Crew members learned how to identify symptoms of cardiac arrest, anaphylaxis and other serious conditions, and respond quickly and appropriately to save a life. We also learned how to create slings and bandage wounds.

After lunch, we visited the Alaska Native Heritage Center where we learned about the rich histories of Alaska Native tribes, observed Alaska Native games and dance, explored examples of traditional buildings from different cultures, and even got to practice spear throwing.







# The Weeks Ahead

## Projects

Next week, YEP crews will begin working with the Bureau of Land Management (BLM) at Campbell Tract and Far North Bicentennial Park. They will be walking transects of the tract to identify invasive *prunus* species, pull smaller invasive plants, and mark larger plants for later removal by the BLM.





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